

# Nutrition Facts

Servings: 8

Amount per serving

**Calories** **182**

**% Daily Value\***

**Total Fat** 12.2g **16%**

Saturated Fat 10.1g **50%**

**Cholesterol** 23mg **8%**

**Sodium** 17mg **1%**

**Total Carbohydrate** 15.3g **6%**

Dietary Fiber 3.2g **11%**

Total Sugars 6.5g

**Protein** 4g

Vitamin D 2mcg **11%**

Calcium 42mg **3%**

Iron 2mg **9%**

Potassium 232mg **5%**