

Nutrition Facts

Servings: 4

Amount per serving

Calories **334**

% Daily Value*

Total Fat 10.8g **14%**

Saturated Fat 1.3g **6%**

Cholesterol 56mg **19%**

Sodium 814mg **35%**

Total Carbohydrate 33.9g **12%**

Dietary Fiber 3.7g **13%**

Total Sugars 5.3g

Protein 25.3g

Vitamin D 0mcg **0%**

Calcium 35mg **3%**

Iron 2mg **11%**

Potassium 434mg **9%**