

# Nutrition Facts

Servings: 4

Amount per serving

**Calories** **254**

**% Daily Value\***

**Total Fat** 19.3g **25%**

Saturated Fat 2.8g **14%**

**Cholesterol** 0mg **0%**

**Sodium** 886mg **39%**

**Total Carbohydrate** 10.8g **4%**

Dietary Fiber 2.3g **8%**

Total Sugars 3.8g

**Protein** 11.8g

Vitamin D 0mcg **0%**

Calcium 89mg **7%**

Iron 2mg **11%**

Potassium 592mg **13%**