

Nutrition Facts

Servings: 4

Amount per serving

Calories **318**

% Daily Value*

Total Fat 18.6g **24%**

Saturated Fat 8.9g **44%**

Cholesterol 44mg **15%**

Sodium 451mg **20%**

Total Carbohydrate 32g **12%**

Dietary Fiber 3.2g **12%**

Total Sugars 24.8g

Protein 8.6g

Vitamin D 2mcg **10%**

Calcium 237mg **18%**

Iron 1mg **4%**

Potassium 226mg **5%**