

Nutrition Facts

Servings: 4

Amount per serving

Calories **336**

% Daily Value*

Total Fat 16.7g **21%**

Saturated Fat 2.1g **10%**

Cholesterol 0mg **0%**

Sodium 433mg **19%**

Total Carbohydrate 38.8g **14%**

Dietary Fiber 8.3g **30%**

Total Sugars 13.5g

Protein 12.4g

Vitamin D 0mcg **0%**

Calcium 189mg **15%**

Iron 4mg **20%**

Potassium 660mg **14%**

**The % Daily Value (DV) tells you how much a nutrient in a food serving contributes to a daily diet. [2,000 calorie a day](#) is used for general nutrition advice.*