

Nutrition Facts

Servings: 8

Amount per serving

Calories

116

% Daily Value*

Total Fat 3.9g 5%

Saturated Fat 0.6g 3%

Cholesterol 0mg 0%

Sodium 76mg 3%

Total Carbohydrate 21.3g 8%

Dietary Fiber 3.1g 11%

Total Sugars 15.2g

Protein 0.7g

Vitamin D 0mcg 0%

Calcium 12mg 1%

Iron 6mg 32%

Potassium 129mg 3%